



SIERRA HOT SPRINGS Resort & Retreat Center

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KIDS' CODE OF CONDUCT

We are happy to welcome you and your family. However, to maintain the quality and serenity of our guests' experience the following guidelines must be adhered to:

- Children under 18 years of age must always be accompanied by an adult.
- Quiet times are from 10pm to 10am. Voices must be kept at a conversational level... (whisper!)
- Children are not allowed at the Temple Dome Pool Area **before** 11am or **after** 6 pm. Children under the age of 15 are not allowed inside the Temple Dome, Sauna or at the Meditation Pool.
- The Phoenix Baths are open 24 hours a day to all ages. The Temple Dome Warm Pool is open to all ages from 11am until 6pm.
- Children that are 3 years old or under, or are not fully toilet trained, must wear a swim diaper in the pool.
- At no time is running, roughhousing, or yelling allowed around the Lodge or at the pools. Acceptable areas for play are the front lawns and the campground areas.
- Clothing is optional at the pool areas only. Children must be fully clothed at all times in all other areas.
- Please, while Watsu is in session, be very quiet and keep talking to a minimum.
- The pools are soaking pools not swimming pools. No splashing, diving, jumping, cannonballing, etc.
- Per California code, anyone who currently has or has had diarrhea during the last 14 days is not permitted to use our pools.

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By Signing this I take full responsibility for ensuring that my child(ren) follow the guidelines listed above.